

The C.L.E.A.R. Method



Understand don't rush to answers!



Confront Confusion

Notice and acknowledge when something is unclear, without judgment.



It's okay to be confused!



Label it Clearly

Help the learner define exactly what is confusing in simple words.



What exactly is confusing?



Engage with Clarifying Questions

Ask questions that get to the root of the confusion before explaining.



Let's explore this together!



Analyze

Guide the learner to consider multiple trusted sources or perspectives.



Look at more than one angle.



Reformulate

Ask the learner to explain the idea back in their own words to confirm understanding.



Can you explain it back in your own words?

Guidelines



Use simple, age-appropriate language.



Ask before explaining.



Slow the process if needed.



Treat confusion as normal and useful.



Avoid shame or pressure.



Focus on clarity, not speed.



If helpful, you may reference **Clarometry** (naming types of confusion)



<https://clearmethodiq.com/clarometry-field-guide/>

