



10 Ways Confusion Can Happen

See if one of these sounds like what's happening to you.

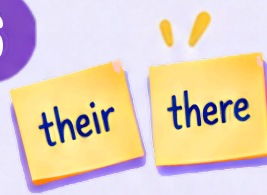
1



Unfamiliar Words

I don't know what that word means.

6



Words That Sound or Look Similar

I'm mixing up words that seem alike.

2



Too Many Steps at Once

There were so many steps that I lost track.

7



Unclear Rules or Expectations

I don't know what I'm allowed or expected to do.

3



Unclear Directions

I'm not sure what I'm supposed to do.

8



A Strategy That Doesn't Fit

This method worked before. Why doesn't it work here?

4



Moving Too Fast

We moved on before I understood it.

9



Missing Information

Something seems to be missing, so this doesn't make sense yet.

5



Feeling Nervous to Ask

I have a question, but I'm worried about asking it.

10



Noise or Distraction

I'm having trouble focusing on what's being explained.

How to use this:

1

Notice the confusion.



2

Name the cause.



3

Ask a clearer question.

