

Tool #6: Reformulation Tracker

Name:

School / Class:

Q1. Topic or Subject

What are you learning or trying to understand?

Q2. My Reformulation (In My Own Words)

Explain what you understand now in your own words. It does not have to be perfect. Just try your best!

Q3. What I Still Don't Understand

Write one thing that still confuses you. If nothing does, write: "I understand this clearly now."

Q4. Example

Give one example that shows how this idea works.

Q5. How I Can Use This*How can you use this in real life?*

Q6. Next Step*What will you do next to understand this even better?*
