

Tool 6 – Reformulate Now Tracker

Name:

Date:

Email:

School / Class:

Q1. Subject or Topic

What are you working on or trying to understand?

Q2. My Reformulation (in my own words)

*Explain what you now understand in your own words.
This does not have to be perfect. Just be clear.*

Q3. What Is Still Confusing

Write one thing that is still confusing. If nothing is confusing, write: "I understand this clearly now."

Q4. Example

Give one example that shows how this idea works.

Q5. Application

How can you use this in real life or in a situation you understand?

Q6. Next Step or Action

What will you do next to improve your understanding?
